



This Weeks Events

Wednesday 17 July:

Event: Longreach Compassionate Community Conversation and Free Morning Tea
Location: Longreach Civic and Cultural Centre, Longreach
Time: 10:30am to 12:30pm
About: Join the conversation and discuss how we can build a compassionate community in your local community. Compassionate communities are communities with networks of support for their local community members who are experiencing loss, ageing, dying and grief.
Contact: www.palliativecareq.eventbrite.com.au or call 07 3145 0329

Thursday 18 July:

Event: Small Business State Budget 2019-20 Roadshow - Longreach
Location: Longreach Civic Centre, 96a Eagle Street, Longreach
Time: 3.30pm to 5.30pm
About: Come along for a free afternoon tea hosted by Glenn Butcher MP, Assistant Minister for Treasury to discuss the 2019-20 budget and how the new payroll tax changes impact small business in your region.

Saturday 20 July:

Event: Get your Ducks in a row for the Outback Paddle Regatta Festival
Location: Outside Ringrose & Button, Eagle Street, Longreach
Time: 9am
About: Hey, hey it's Saturday! Play Plucka Duck this Saturday (20/7/2019) out the front of Ringrose Button where the Outback Paddle Regatta Festival Team will be selling small ducks in 'The Outback's Biggest Duck Race'. The ducks are set to race on Saturday 21 September 2019 at the Outback Paddle Regatta Festival with all proceeds raised from the ducks going directly to cancer research. Come on down Saturday to see what all the hype is about with 4LG broadcasting live from the event and a sausage sizzle - you won't want to miss it!
Contact: See the Outback Paddle Regatta Festival Facebook Page

Event: Christmas in July Celebration
Location: Uniting Church Hall, Magpie Lane, Longreach
Time: 6.00 pm for 6.30pm start
About: Zonta members would like to invite our friends to join us in a festive fundraising event in support of our 2019 Zonta Projects. Come as one or book a table of 8. \$50 per person prepaid or \$55 on the night which includes pre-dinner savouries & 3 course meal. Cash bar of beer & wine available.
Contact: Jenny - 0427 620 105 or zontalongreach@gmail.com



This Weeks Events continued...

Sunday 21 July:

Event: The Least of These – The Graham Staines Story
Location: Star Cinema, Eagle Street, Longreach
Time: 4pm
About: Brought to you by the Star Cinema Longreach, in conjunction with the Longreach Baptist Church. Tickets available at the door.
Contact: Call David on 46583865 to buy a ticket or ask about child minding.

Monday 22 July:

Event: Longreach NAIDOC Week Celebrations
NAIDOC March – 10:15am Form up in front of Westpac Bank for a 10:30am march off to Edkins Park.
Community BBQ & Indigenous Games – 11am to 1pm in Edkins Park.
Contact: Council – 4658 4111

Tuesday 23 July:

Event: Acoustic Guitar Spectacular
Location: QANTAS Founders Museum, Longreach
Time: Doors Open at 6pm for a 6:30pm start
About: A highly anticipated annual event, the Acoustic Guitar Spectacular brings together a handpicked group of internationally recognised acoustic guitarists from across the globe. This series of very special concerts is hosted by internationally acclaimed Brisbane guitarist Michael Fix, who will be joined by YouTube sensation, Italian virtuoso Luca Stricagnoli (his first visit to Australia) and Roots/Rock multi-instrumentalist Minnie Marks. This event is free to attend but a gold coin donation is appreciated.
Contact: QANTAS Founders Museum – 4658 3737



This Week at the Movies

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| Thursday 18 July | 7pm | Lion King (PG) |
| Friday 19 July | 7pm | Lion King (PG) |
| Saturday 20 July | 2pm 7pm | Lion King (PG) Lion King (PG) |
| Sunday 21 July | 1pm | Lion King (PG) |
| Sunday 21 July | 4pm | *Special Screening* The Least of These - The Graham Staines Story |

For more information check out the Star Cinema Facebook Page or ring (07) 4658 1357. Cinemas are located upstairs next to the Suncorp Bank.

This Week at Phoenix Fitness

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| Wednesday 17 July | 6am 5:30pm | Bootcamp Circuit with David HIIT Training with David |
| Thursday 18 July | 6am 5:30pm | Strength and Conditioning Circuit with David Strong Zumba with Shae-Ellyn |
| Friday 19 July | 6am 5:30pm | Cardio Circuit with David Box HIIT with Shae-Ellyn |
| Saturday 20 July | 8am 9am | Zumba with Shae-Ellyn Strong Zumba with Shae-Ellyn |
| Monday 22 July | 6am 5:30pm | Cardio Circuit with David Fitbox with Aimee |
| Tuesday 23 July | 6am 5:30pm | Strength and Conditioning Circuit with David Grit and Strength with Deb |

For more information check out the LRC Phoenix Fitness Gym Facebook Page.